

Incredible Changes in My Son Allen: Our Success at a Family Conference

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This is a story of my son Allen and how he has responded to MNRI®.

Introduction & History

Allen is 21 years old. He has had challenges both socially and academically his entire life. When he was 18 months old, the doctor determined that his head had stopped growing, and this thrust us into a world of doctors, testing (starting with an MRI), genetic screenings (for Fragile X and other possible conditions), and other tests. Nothing was definitive but there were definitely concerns about delayed development in many areas. We underwent many, many tests for physical and cognitive skills. He qualified for the Special Ed. pre-school program and received OT, PT, and speech therapy. We also had him in summer sessions for sensory integration therapy. Under IDEA, his development fell into several categories from SLD, OHI, and specific learning disability. Yes, we finally agreed to meds so he could function in the classroom. Fast forward and with help and advocates throughout school, he graduated from high school.



Allen at the end of the Conference on the balance board.



Kimberly Otero

My friend, a speech therapist and MNRI® practitioner, recommended we attend a MNRI® Family Conference feeling that Allen could really benefit from the reflex integration therapy, so we tried it in San Diego. I had no idea what to expect or if Allen would be receptive to this therapy, especially when I saw the intense schedule of 6 hours of work a day! Although, I did not understand the entire Assessment, I watched as Dr. Masgutova pinpointed areas of difficulty for Allen. The eye-tracking and the lack of his ability to grip with his hands clearly demonstrated why school work was hard. The gross motor issues, in terms of crossing the midline of his body and balance difficulties, were also evident through her initial Assessment.

The Reflex Assessment Results

At the Conference we got the evaluation of Allen's reflex patterns in scores 'Before MNRI® Program' and 'After', which gave me the opportunity to determine the level of his reflexes and to compare

them with changes after the Conference. Many of his reflexes were of a low level of development. The Assessment also showed that his upper and lower limbs reflexes were not corresponding in sensory-motor circuits: he was hyposensitive for stimulation of the upper limbs and hypoactive in motor response, while his lower limbs were hypersensitive and hyperactive. This was one of most important reasons why he couldn't integrate them timely in his childhood and why they couldn't support the development of his motor and learning abilities and skills.

The statistical expression of results of the MNRI® Assessment for Allen is shown below in three groups – reflex patterns serving movements in: A) Sagittal (right-left) plane of the body (Table-1), B) Horizontal (upper and lower parts; Table 2), and C) Dorsal (front-back) (Table 3).

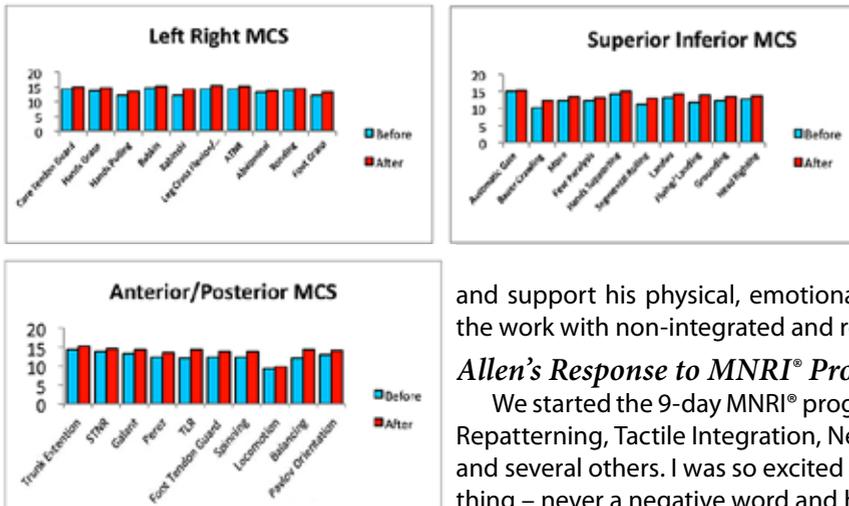
Allen		Table 1. Reflex Patterns Serving for Development of Sagittal (Left-Right) Motor Coordination System									
		1	2	3	4	5	6	7	8	9	10
MNRI Program	Core Tendon Guard	Hands Grasp	Hands Pulling	Babkin Palmo mental	Babinski	Leg Cross Flexion Extension	ATNR	Abdominal	Bonding	Foot Grasp	
Before		14.25	13.75	12.25	14.75	12.25	14.25	14.25	13.25	14	12.25
After		15	14.75	13.5	15.25	14.25	15.5	15.25	13.75	14.5	13.25

Allen		Table 2. Reflex Patterns Serving for Development of Horizontal (Upper-Lower) Motor Coordination System									
		11	12	13	14	15	16	17	18	19	20
MNRI Program	Automatic Gait	Bauer Crawling	Moro	Fear Paralysis	Hands Support	Segmental Rolling	Landau	Flying/Landing	Grounding	Head Righting	
Before		15	10.25	12.25	12.25	14.25	11.25	13.25	11.75	12.25	12.75
After		15.25	12.25	13.5	13.25	15	13	14.25	14	13.5	13.75

Allen		Table 3. Reflex Patterns Serving for Development of Anterior-Posterior MCS									
		21	22	23	24	25	26	27	28	29	30
MNRI Program	Trunk Extension	STNR	Spinal Galant	Spinal Perez	TLR	Foot Tendon	Spinning	Locomotion	Balancing	Pavlov	
Before		14.25	13.75	13.25	12.25	12	12.25	12.25	9.25	12	13.00
After		15.25	14.5	14.25	13.5	14.25	13.75	13.75	9.75	14.25	14.00

Above, the statistical expression of results of the MNRI® Assessment for Allen is shown below in three groups – reflex patterns serving movements in: Table 1, Sagittal (right-left) plane of the body; Table 2, Horizontal (upper and lower parts); and Table 3, Dorsal (front-back).

Below, the graph equivalent of the above Tables.



Based on the results of the MNRI® Assessment, an individualized program for Allen was established for work at the Family Conference and for a Home Program. The main purpose of the individualized program was to strengthen and support his physical, emotional, and cognitive growth through the work with non-integrated and retained reflex patterns.

Reflex Patterns Evaluation Results for Allen

Allen's Response to MNRI® Program

We started the 9-day MNRI® program which included MNRI® Reflex Repatterning, Tactile Integration, Neuro-Structural Reflex Integration, and several others. I was so excited at how receptive he was to everything – never a negative word and he willingly went to every session! All the therapists were able to communicate with him and work with

him at his level, understanding his inner world, and awakening his curiosity and interest. I could tell many stories about how much he connected during the session of Breathing Reflex Integration program, learning inspiratory process and calming techniques, or doing gross motor skill training during the Archetype Movement Integration sessions.

The first day, he could not stand on the balance board and, by the end, he was standing on it hitting tennis balls on the tennis court. What an amazing change! The Oral-Facial and Visual-Auditory program helped with eye-tracking, convergence, focusing, and his articulation has improved significantly. Allen had missed the important milestone of crawling so working on the Bauer Crawl was also very important. The two best things were that he was so engaged in the every session and that, even after only 9 days, people back home really noticed a difference. They noticed it in how he carried himself, how he spoke more clearly, and how much more

confident he seemed – just more present and comfortable in his body.

It has been challenging to carry through with the Home Program due to its novelty and my work schedule but I am starting to take some of the training sessions and we will get back to doing it. He still uses several of techniques himself, such as the breathing, calming, and other techniques. I am glad we had the opportunity to experience this program and will continue to incorporate aspects of it in our daily lives. I have to confess that when I saw how much more mobile and verbal Allen was than some of the other participants, I wondered if Allen would really benefit – what a lesson I learned! I am bringing my daughter to an Assessment later this year for her anxiety and panic issues – I believe that anyone would see positive changes from learning more about MNRI®.



Allen, congratulations on your great improvements in learning and courage! We hope you will express your talents even more in your life! We thank your Mom for being so supportive to you studying and applying MNRI®. – Love, The USA MNRI® Team