

# MNRI® Lifelong Reflex Integration



**Dates: April 27-30, 2024**

**With Susanne Wolmesjö**

**Location: Bordeaux, France**

## Course Overview:

MNRI Lifelong Reflex Integration techniques focus on activating and engaging reflexes that are important to everyday function. Unlike primary motor reflex patterns, lifelong reflexes remain visible and present, allowing the body to maneuver and function with little thought to things like balance, grounding, or centering. When lifelong motor reflexes do not emerge or mature as they should, postural changes can result and lead to muscular and structural disorders and misalignment, interruptions in the development of brain function, emotional and behavioral regulation issues, and unproductive learning styles. Depending on the number of lifelong reflexes impacted and their maturation level, a broad spectrum of challenges can appear. Lifelong Reflex program techniques promote the activation and maturation of lifelong reflexes. When lifelong reflexes are appropriately engaged, primary motor reflex patterns are better able to activate, mature, and integrate. In this way, the Lifelong Reflex Program, like all MNRI programs, facilitates the integration process of primary motor reflex patterns.

This course explores:

- The general MNRI Method and the role played by the Lifelong Reflex Integration program
- The progression of lifelong reflexes beginning in utero and continuing throughout the lifespan
- The role lifelong reflexes play in establishing a foundation for motor, communication and cognitive development, and emotional and behavioral regulation
- MNRI techniques to assess, pattern, and integrate lifelong reflexes
- How to create MNRI lifelong reflex integration programs for individual clients
- How to incorporate use of MNRI Lifelong Reflex Integration course content into daily client and home practice

## Learner Objectives:

1. Explain the Masgutova Neurosensorimotor Reflex Integration® (MNRI) Method.
2. Describe how the brain engages in protection versus learning and development.
3. Explain maturational role of Lifelong Reflexes within the motor reflex system and the effect of dysfunctional reflex patterns on daily life.
4. Describe the maturational progression and importance of each Lifelong Reflex.

5. Explain the MNRI assessment techniques to determine the integration state (i.e. integrated, dysfunctional or pathological) of each lifelong reflex.
6. Demonstrate through supervised hands-on-application the ability to conduct an MNRI assessment and adequately determine the state of each lifelong reflex
7. Demonstrate the MNRI techniques to integrate each lifelong reflex.
8. Describe and apply an individual MNRI program for clients with various challenges.
9. Explain the impact of reflex integration with client families, specifically possibilities for improvements in motor, communication and cognitive learning abilities and emotional and behavioral regulation.
10. Explain and apply strategies to incorporate the use of the MNRI Lifelong course content into daily client and home practice.

**Motor Reflexes Addressed in this Course:**

- Abdominal Reflex
- Amphibian Reflex
- Balancing reflex
- Centering reflex
- Core Tendon Guard
- Foot Tendon Guard
- Gravity reflex
- Grounding reflex
- Locomotion
- Matured Gait reflex
- Sequential Rotation reflex
- Stability reflex
- Stretching reflex
- Convergence – Divergence
- Head Righting Postural reflex

**Course Agenda:**

**Day 1**

Hour 1: Movement as basis of Natural Development

Hours 2-3: Masgutova Method® of Neuromotor Reflex Integration

Hour 4: Reflex as the Neuro-Physiological Basis for Development of Lifelong Reflexes

Lunch 1 hour

Hours 5-6: Body Motor Coordination Systems and Brain Levels

Hours 7-8: MNRI® Reflex Assessment

## **Day 2**

Hour 1: Right/Left Motor Coordination System

Hours 2-3: Gravity, Grounding and Stability

Hour 4: Centering, Balancing and Tendon Guard

Lunch 1 hour

Hours 5-6: Head Righting, Postural and Abdominal Reflexes

Hour 7: Amphibian and Matured Gait

Hour 8: Integration of Reflex patterns within Right-Left Body Sides MCS

## **Day 3**

Hour 1: Lifelong Reflexes and the Integration-Up-Down Motor Coordination System

Hours 2-3: Sequential Side Rotation

Hour 4: Responses of the brain to sensory stimuli

Lunch 1 hour

Hours 5-6: Proprioceptive and motor responses to sensory stimuli

Hour 7: Lifelong Reflexes development

Hour 8: Lifelong Reflexes and the body structure and coordination systems

## **Day 4**

Hours 1-3: Evaluate Lifelong Reflexes

Hour 4: Structural integration of Lifelong Reflexes

Lunch 1 hour

Hour 5-6: Complete individual programs

Hour 7: Lifelong Reflexes and how to modify techniques

Hour 8: Implementation of reflex patterns

**Prerequisites:** No prerequisites are required; however, Masgutova recommends attending the Dynamic & Postural Reflex Integration course first, whenever possible, to help provide broader context prior to attending other foundation courses.

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**Financial Disclosure:** Susanne Wolmesjö receives a stipend based upon an enrollment percentage.

**Non-financial Disclosure:** No relevant relationship exists.

**Course Disclosure:** *The Svetlana Masgutova Educational Institute has developed and patented a licensed technology trademarked as MNRI®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products. This presentation will focus exclusively on MNRI® and will not include information on other similar or related products or services.*

**Special Needs Requests:** If you require special accommodations, please notify SMEI at [events@masgutovamethod.com](mailto:events@masgutovamethod.com) at the time of registration so that needed accommodations can be made prior to the course.

**Course Completion Requirements:** Full attendance is required to receive a certificate of completion and any available credit hours or CEUs.

**Target audience:**

Speech Language Pathologists, Speech Language Pathologist Assistants, Occupational Therapists, Certified Occupational Therapy Assistants, Nurses, Physical Therapists, Physical Therapist Assistants, Educators, Psychologists, Physicians, Massage Therapists, Mental Health Counselors, Other Health Care Providers, Parents.

**Assessments:**

In Person Courses: Self Assessment and technique demonstration.

On line Courses: Self Assessment and technique demonstration.

**Additional Information and Registration:**

For more information or to register, visit <http://www.masgutovamethod.com./events?2763>.

You can also contact the local MNRI® coordinator for this course:

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